

Dear Students, Parents, Carers and Governors

I hope you had a restful half term and enjoyed the break. Following the government's announcements this week we are preparing to welcome all our students back to school. I will be writing to parents/carers at the start of next week outlining our plans for a safe return to face to face learning and our mass Lateral Flow Testing Plans. I would like to thank those parents and carers who have already volunteered to help, following my letter this week. Your support is appreciated we will be contacting volunteers early next week.

I would like to thank Mr Robinson for sharing Jim Rohn's article. It is a thoughtful and pertinent article that reflects on courage and how to build it - please do read it. Throughout this pandemic and period of remote learning I feel we, as the Family of St Gregory's, have witnessed our young people display tremendous courage and resilience. I am incredibly proud of all of them.

We have a lot to celebrate: the creativity and ingenuity of staff in creating meaningful remote learning experiences; the attendance and participation of our student body in their remote learning is inspiring and the support of our parents and carers who have also been amazing. This partnership has kept us strong and created the best environment we could for our young people. We also need to celebrate the numerous new skills we have all learnt and mastered.

Next week we are looking forward to World Book Day and our next House Wellbeing Day. There lots of exciting things planned! It now gives me great pleasure to announce the winners of our Virtual Travel Competition. We were overwhelmed with the amazing number of entries and it has been an extremely difficult decision to choose four winners, but we have. Everyone involved in the selection panels has really enjoyed the opportunity and the standard was incredibly high.

Therefore, in reverse order:

- 4th Prize - Seven Worlds, One Planet DVD goes to **Nora K 7S**
- 3rd Prize - Attenborough's Planet Box Set DVD goes to **Ema R 8O**
- 2nd Prize - Sony Digital Camera goes to **Florence B 8G**
- 1st Prize - National Trust Family Membership for one year goes to **Spencer W 9Y**

Congratulations! We have all enjoyed reading your entries and virtually travelling the world with you. We will be contacting prize winners separately to arrange collection of their prizes. I would also like to thank Mr Leaman for all his hard work in creating such a fantastic competition.

I would like to thank Mrs Parker and Year 10 teachers for the Year 10 Careers Day today which was excellent.

Have a lovely weekend and stay well and safe.

Best wishes

A Cusack, Headmistress

Dates for Your Diary

Thu 4 Mar	Whole School Wellbeing Day
Thu 4 Mar	Year 10 Parents' Evening
Tue 16 Mar	Y9 boys and girls HPV immunisations
Thu 25 Mar	Year 13 Parents' Evening
Thu 1 Apr	End of Term - 1.30 pm finish
Fri 2 Apr	Good Friday - School Closed

Next week: Week B

Thursday 4 March - House & Wellbeing Day

This coming Thursday we will have a day dedicated to the wellbeing of all year groups and give you the opportunity to earn thousands of House points again! There is an amazing day planned packed with activities to do away from the screen. Look out for all the info coming your way early next week.



COVID Testing

Please consider providing your consent to help us maintain the integrity of our bubbles and protect our school community as much as possible.

Click [here](#) to complete google form.



***"Sometimes the Lord rides out the storm
with us and other times
He calms the restless sea around us. Most
of all, He calms the storm
inside us in our deepest inner soul."***

- Lloyd John Ogilvie

For reflection this week I thought I would share with you this fantastic article from Jim Rohn who you may recall was an American motivational speaker and author. It talks about the different enemies from within that we can face that may hold us back. When we consider it in the context of Lent and a desert experience it makes remarkable sense, and maybe for each of us one of these inner enemies may resonate.

In The Desert experience... FACING THE ENEMY WITHIN

©Jim Rohn

We are not born with courage, but neither are we born with fear. Maybe some of your fears are brought on by your own experiences, by what someone has told you, by what you've read in the papers. Some fears are valid, like walking alone in a bad part of town at two o'clock in the morning. But once you learn to avoid that situation, you won't need to live in fear of it.

Fears, even the most basic ones, can totally destroy our ambitions. Fear can destroy fortunes. Fear can destroy relationships. Fear, if left unchecked, can destroy our lives. Fear is one of the many enemies lurking inside us. Let me tell you about five of the other enemies we face from within.

The first enemy that you've got to destroy before it destroys you is **indifference**. What a tragic disease this is. "Ho-hum, let it slide. I'll just drift along." Here's one problem with drifting: you can't drift your way to the top of the mountain.

The second enemy we face is **indecision**. Indecision is the thief of opportunity and enterprise. It will steal your chances for a better future. Get rid of indecision in your life.

The third enemy inside is **doubt**. Sure, there's room for healthy scepticism. You can't believe everything. But you also can't let doubt take over. Many people doubt the past, doubt the future, doubt each other, doubt the government, doubt the possibilities and doubt the opportunities. Worse of all, they doubt themselves. Doubt can destroy your chances of success.

The fourth enemy within is **worry**. We've all got to worry some. Just don't let it conquer you. Instead, let it alarm you. Worry can be useful. If you step off the curb in the city centre and a bus is coming, you've got to worry. But you can't let worry loose like a mad dog that drives you into a small corner. Here's what you've got to do with your worries: drive them into a small corner. Whatever is out to get you, you've got to get it. Whatever is pushing on you, you've got to push back.

The fifth interior enemy is **over-caution**. It is the timid approach to life. It can conquer you. Timid people don't get promoted. They don't advance and grow and become powerful in the marketplace. You've got to avoid over-caution.

Do battle with the enemy. Do battle with your fears. Build your courage to fight what's holding you back, what's keeping you from your goals and dreams. Be courageous in your life and in your pursuit of the things you want and the person you want to become.



Diocesan Prayer
Link for Schools



During this uncertain time prayer is more important than ever. All of the schools of the Diocese need our prayers and so each week we shall pray for different, specific schools and all who work and learn in them.

This week we pray for:



Downside School



St Gregory's, Bath



Prior Park, Bath

Holy Spirit,
be with the students of these schools we pray for this week.
Bless them, their teachers and all who work at the school.
Give strength and grace to their growth, wisdom and
understanding to their search for knowledge and
strength to continue to learn despite the difficulties.

Thank you, Lord for the gifts that they all bring to
their community.
May everyone connected with the school remain safe and well.
Amen

Samples of Virtual Travel Competition Winners Work

The diary of my trip to Bora Bora

Some more info on BORA BORA

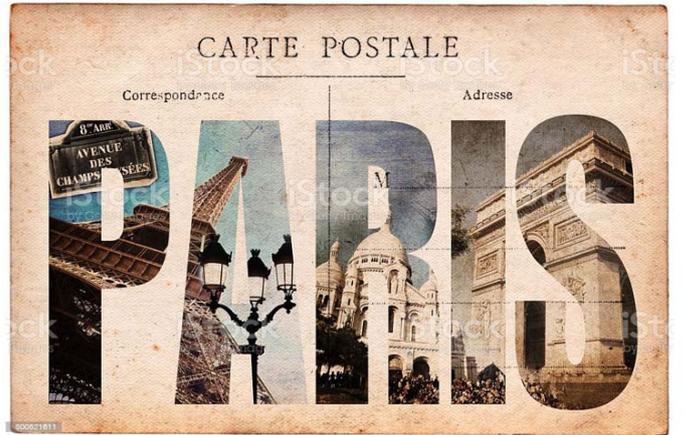
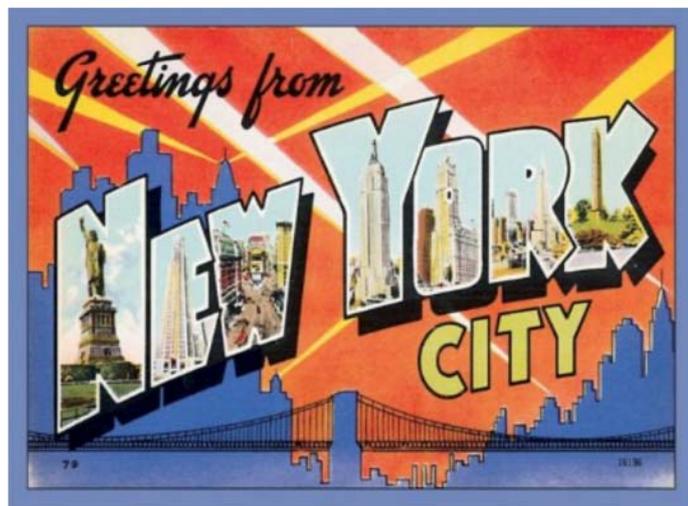
Environment :
 The Climate in Bora Bora is a tropical monsoon climate. Temperatures are relatively consistent throughout the year, with hot days and warm nights. The dry season lasts from June to October, but there are some precipitations even during those months. The wet season is from November to April with heavy humidity and a lot of cloud cover.

Tourism :
 Bora Bora is a major international tourist destination and its economy is driven almost entirely by tourism. Famous for its aqua-centric luxury resorts. The major settlement, Vaitape, is on the western side of the main island, opposite the main channel leading into the lagoon. Several resorts have been built on the motu surrounding the lagoon. (Motu is a Tahitian word meaning "small islands.") Hotel Bora Bora opened in 1961, and nine years later the first over-water bungalows on stilts over the lagoon was built. Today, over-water bungalows are a standard feature of most Bora Bora resorts. The bungalows range from relatively inexpensive basic accommodations to very luxurious expensive ones. The island has 12 four- and five-star hotels, including a Club Med.

Produce of the island is mostly limited to what can be obtained from the sea and from the plentiful coconut trees, which were historically of economic importance for the production of sopas, vanilla and mother-of-pearl.

The official currency of Bora Bora is the French Pacific franc (CFP). One U.S. dollar is equivalent to approximately 103 CFP.

Air Tahiti operates five or six flights daily between Tahiti and the Bora Bora Airport on Motu Mute (as well as occasional flights to and from other islands). There is no public transport on the island, so rental cars and bicycles are the recommended means of transport. In addition, there are small, two-seater buggies for hire in Vaitape, and motorboats can be rented to explore the lagoon.



Contents Page



Antarctica

Blue Whale
 The largest animal on Earth...
 The blue whale can weigh up to 300,000 kg and reach a length of 30 meters.

Adelie Penguin
 The Adelie penguin lives on the Antarctic continent...
 They feed on large shrimps, krill and fish.

Emperor Seal
 The largest seal lives in Antarctica and the Arctic...
 They feed on fish and squid.





At St Gregory's we have recently signed up to an award-winning website, GCSE Pod, to support our students with their learning and progress in all subjects. Analysis of data from 3,500 students showed that regular use of GCSE Pod helped them to achieve one GCSE grade higher in each subject.

Students are able to log in with their school email account, create a password, and use GCSE Pod independently to support learning and revision in all of their subjects. Students can use GCSE pod on their computers, tablets or mobile phones, making it accessible and easy to use. It has a range of resources, from podcasts, tasks, practice exam questions and support with different revision techniques. There is even a section on getting ready for A Levels! Teachers are using this resource in lessons and as homework tasks, and students can use this for themselves as part of their learning and revision.

There are resources for KS3 students too, and they can log in with their school email account and use this to help them with their learning and progress in different subject areas.

This week, our GCSE Pod champions are; **Kezia (Y10), Joe (Y10) and Francesca (Y11)**
 Congratulations! We are so impressed! We look forward to seeing you all using GCSE Pod in the coming weeks.

Miss Savory

Psychological First Aid

Public Health England have just launched a new and free online training course, Psychological First Aid: Supporting Children and Young People. This is suitable for anyone who cares for or works with 0 -25 year olds including parents, caregivers, teachers, social workers, health workers, charity workers, or those who work in community or social support settings. It is also suitable for young adults aged 13 and above to support their peers or family.

Psychological First Aid (PFA) is used across the world to support people during emergencies and difficult times. It involves giving practical help, encourages positive coping and gives hope, so that children, young people and their families can feel safe, connected and able to help themselves. PFA draws on participant's existing abilities to engage and support others. You do not need to be a specialist.

By the end of this course participants will:

- * help those in distress find solutions to their needs and problems
- * know more about children and young people's reactions to potentially traumatic experiences at different ages
- * have better knowledge and confidence to support children and young people during and after crisis or difficult situations , as well as to be able to identify children and young people who would benefit from PFA
- * understand how to better support themselves and peers in such crises



The website to access the course is: <https://www.futurelearn.com/courses/psychological-first-aid-for-children-and-young-people>



Off the Record have a brand new support line for young people during afternoons/early evening and weekends. Please spread the word to any young people who may need additional support during this time.

Young people from the Youth Forum B&NES have created a fun new website full of activities for young people to do! After experiencing lockdown, they wanted to help other young people learn and try new things to support their wellbeing. They have created this website to break down the barriers to accessing activities. Young people can browse activities, create a bucket list and let us know their activity suggestions. This website is for young people, by young people!

[Youth Activities | Activisite \(wixsite.com\)](http://www.wixsite.com/activisite)

Poem of the week from the English Faculty

I wandered lonely as a cloud
that floats on high o'er vales and hills,
when all at once I saw a crowd,
a host, of golden daffodils;
Beside the lake, beneath the trees,
fluttering and dancing in the breeze.
Continuous as the stars that shine
and twinkle on the milky way,
They stretched in never-ending line
along the margin of a bay:
Ten thousand saw I at a glance,
tossing their heads in sprightly dance.
The waves beside them danced; but they
out-did the sparkling waves in glee:
A poet could not but be gay,
in such a jocund company:
I gazed—and gazed—but little thought
what wealth the show to me had brought:
For oft, when on my couch I lie
in vacant or in pensive mood,
they flash upon that inward eye
which is the bliss of solitude;
and then my heart with pleasure fills,
and dances with the daffodils.

- William Wordsworth

Year 10 and 11 students are looking at unseen poetry in English over the next few weeks.

The English Faculty

Useful Apps

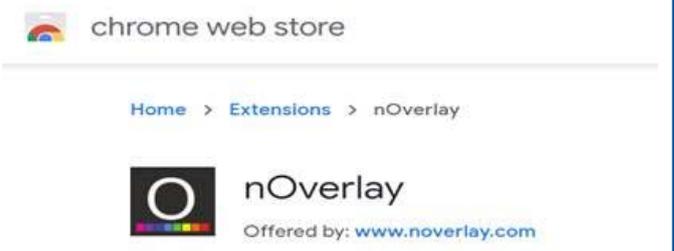
The following two apps have been recommended to help with visual stress and eye strain from screens. If you or your child needs a coloured overlay to help with accessing work, these can also be accessed and downloaded for free from the following sites:

Aurelitech Colorveil www.aurelitech.com/colorveil/windows/

Install ColorVeil

Version 3.0.2.152. Only 113KB. Runs on any PC, laptop or tablet with Windows 10, 8, 7, Vista, or XP*. The Installer program will copy the program on your PC, create a Start Menu entry, and set up an uninstaller.

www.noverlay.com This is better for Chromebooks and is available from the chrome .



THE LANGUAGES CORNER

French:

C'est chouette! = it is fab/great.

Holidays! It is great !

Les vacances ! **C'est chouette!**

French , it is great.

Le francais , **c'est chouette!**

German:

Little words, big difference

Nachteil = disadvantage

Vorteil = advantage

Was sind die Vorteile und Nachteile des Handys?

What are the advantages and the disadvantages of the mobile phone?

Mandarin:

好□如□友。(Hǎoshū rú zhìyǒu. 'good book as-good-as close-friend') — **A good book is like a good friend.**

Spanish:

No quiero pagar el pato – I don't want to take the blame (literally I don't want to pay the duck).

Art at St Gregory's



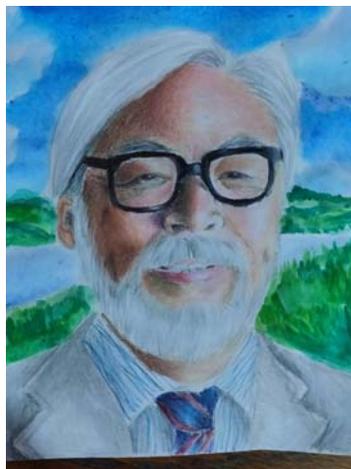
Winter picture by Oliver B, Y8



Henry H in Y8. The piece is made using a mixed media approach and is a celebration of an Australia project.



Dilukshy, Y8, portrait Artform during lock-down.



Kornel M Y7, Hybrid project.



Global Learning



Over the past few months, students have been exploring the contribution of significant Britons from ethnic minority backgrounds within tutor time. It is very important that our curriculum reflects our community. We believe that the teaching of diversity, multi-ethnicity, race and cultural narratives should be ever-present in our teaching. It links with our student creed, 'everybody deserves dignity and respect' and we want to stress our commitment to community values in a time of such division, anger and uncertainty.

Before Christmas we explored the lives of four important black Britons. They are linked together because four post-boxes (in London, Glasgow, Cardiff and Belfast) have been painted black by Royal Mail to honour these black Britons:

- Walter Tull, first black army officer and professional footballer player
- Mary Seacole, nurse during the Crimean war
- Yinka Shonibare, British-Nigerian artist living in the United Kingdom. His work explores cultural identity, colonialism and post-colonialism
- Sir Lenny Henry, comedian, actor, singer, writer and television presenter, known for co-founding the charity, Comic Relief

More recently we have investigated the contribution of four significant Indian Britons who are linked by having a blue plaque dedicated to each of them:

- Noor Inayat Khan - Second World War British secret agent of Indian descent who was the first female radio operator sent into Nazi-occupied France.
- Sophia Duleep Singh - Indian Princess and suffragette campaigner.
- KS Ranjitsinhji - First Indian man to play cricket for England and regarded as one of the greatest players of all time.
- Dame Pratibha Gai - British microscopist and Professor at the University of York.

I hope students have enjoyed learning about these important individuals. We would like to continue this throughout the year looking at the contribution of other minority groups.

Mr Leaman, Head of History and Politics, Educational Visits Co-ordinator



**Indian Britons Project
in collaboration with
Indian Partner School (MCKV)**



Following on from our students' learning on Indian Britons, we shared the resources that we had developed for this topic with our partner school in Kolkata, India - M C Kejriwal Vidyapeeth (MCKV).

Students and teachers at MCKV enjoyed learning about the four significant Indian Britons - Noor Inayat Khan, Sophia Duleep Singh, KS Ranjitsinhji, and Dame Pratibha Gai - in their Social Studies lessons.

We received excellent feedback from our Indian partner school, who shared some outstanding examples of their students' work on this topic with us in response. The students found this Indian Briton project to be interesting, fascinating, and inspiring.

Such cross-cultural collaborative projects are integral to life at Saint Gregory's, where global learning is embedded across the curriculum.



The website of our Indian partner school, MCKV, may be viewed on the following link – www.mckv.edu.in

Miss Medcroft, International Co-ordinator



Bath Transport Delivery Action Plan

The Transport Delivery Action Plan will help tackle some of the biggest challenges we face as a society: improving air quality, combatting climate change, improving health and wellbeing, addressing inequalities and tackling congestion on our roads.



The development of the plan provides an opportunity to help create places we want to live and work – with better connected, healthier and more sustainable communities.

It will place people at its core, and help deliver clean growth, by supporting local businesses, as well as helping ensure prosperity can spread.

A consultation for a more sustainable and connected transport system has been launched, giving you the opportunity to express your views. This consultation provides the chance for you to have your say on how the Council, on your behalf, shapes the future transport system in Bath for the next 10 years.

To find out more, and to have your say, visit
bathnes.gov.uk/bathtransportplan

Monkton Combe School, Bath
 In association with the London College of Creative Media
 present

THE
LOCK ROCK
 COMPETITION 2021

- Record your band's parts separately
- Put them together in a video
- Enter your video to Lock Rock
- Any song, any style, any school age!

FIRST PRIZE
 a recording session for your band at the
 London College of Creative Media!

Judged by a panel from LCCM
 Contact your school's Music Department for further details

Please adhere to current coronavirus guidelines
 Closing date – Sunday 7th March

Rules for the Lock Rock competition – February 2021

- Any style of music will be accepted
- The song can be an original or a cover
- The video must contain a minimum of two people performing
- Performers must be of school age
- The video should be between two and three minutes in duration
- The audio can be live takes or an edited recording
- The audio must be recorded by the band
- Commercial tracks and/or karaoke tracks will not be permissible
- The video can be split screen style or something more edited and 'arty'
- The judging will be based upon the quality and entertainment-value of the overall package, and not on the technical proficiency of the audio or video editing alone
- All current coronavirus restrictions must be adhered to
- Entries after 7 March 2021 will not be accepted
- The judging panel's decision will be final
- The prize of a recording session at LCCM will take place after the end of Coronavirus restrictions, at a time and date agreed between LCCM, the winning entries' school and the band.
- The winners will be announced in April 2021



Instagram

Safer Internet Day Design Competition RESULTS!

How to Deal with Online Bullying

The winners of the competition are below and will soon receive a £10 Amazon voucher:

Alex M – Y8

Henry H – Y8

Milly K – Y8

Leonie O – Y10

Thank to everyone who entered this competition and Well Done!

Mrs Hawkins-Brown

(PSHE Lead)

Nut Allergies



Please be aware that we have students and staff with serious nut allergies. We would therefore ask that you do not include nuts in packed lunches and snacks, eg chocolate and cereal bars.

Contact Details



If you have recently changed any of your contact details (telephone numbers, email addresses) please inform Mrs O'Bray, Office Supervisor
o Brayc@st-gregorys.co.uk



doodlemaths

Doodle Star Champions of the week:

Year 7: Nico B (134 stars)

Rachel L (99 stars)

Tyler W (166 stars)

Year 8: Henry D (105 stars)

Congratulations to these students for completing so many doodle stars this week. Well done!

Certificates will be sent out this week for pupils in the green section!



ELECTRIFIED LINES ARE

ALWAYS ON.

**SO ALWAYS
STAY OFF.**

ASD Support Service

Courses for Parents 2020-21

Date and time	Course	Leader	Description
January 5th, 12th, 19th, 26th- February 2nd, 9th (am)	CYGNET Core	Laura Chard	CYGNET Programme: Supporting Parents of Autistic Children aged 4 - 18
January 7th 10.00am- 12.30pm	ASD Strategies in the Home for Younger Children	Hannah Hobbs and Hayley Brimble	Understanding how ASD strategies can be implemented to support younger children in their home environment
February 3rd 9.30am- 11.30am	Social Scripts	Becca Tranter	Exploring how social scripts can be used to reduce anxiety surrounding new situations and experiences
February 12th 9.30am -12.30pm	CYGNET Sexual Wellbeing	Hannah Hobbs	Supporting parents to understand sexual wellbeing for autistic children
March 2nd 9.00am - Noon	Understanding Girls	Laura Chard	Supporting parents to understand how to support girls on the autism spectrum
March 4th 3.30pm - 5.30pm	ASD Strategies in the Home for Teenagers	Conrad Hein Hartmann and Carol Jones	Understanding how ASD strategies can be implemented to support teenagers in their home environment
March 5th 9.30am - 12.30pm	CYGNET Relationships	Hannah Hobbs	Supporting parents to understand how to develop relationships for autistic children

To further information or to book onto any of these courses,
please contact: asdss@fossewayschool.com



ASD Support Service



Telephone helpline

01761 412198 Ext 2

Every Wednesday 9am—12noon