

#### Newsletter

www.st-gregorys.org.uk

#### A weekly newsletter for Parents, Carers, Students, Governors and Staff

1 December 2023

Dear Students, Parents, Carers and Governors

'Love, love, love is all you need'...'Endless love'...'Love story'...these are just some song lyrics with the word **love** in them. As we approach advent and get into the festive spirit with our Christmas trees twinkling in the dark nights, we are reminded that this time of year is when we ought to open our hearts and fill them with love. Not everyone enjoys a happy Christmas and we should be sensitive to the needs of those in our school, local and wider community. There tends to be a great emphasis on presents and gifts but it is important to remember that many gifts are free: a smile, a loving act of kindness, a word of appreciation, volunteering time or service.

school community so well when she says: "It's not beforehand, as well as at the service itself. how much we give but how much love we put into giving."

This year, we are encouraging students to really find visit us all in our own hearts. The Lord is coming! Let joy and love in the spirit of giving; it really isn't us wait for Him." about how many items they can fill the tutor group Christmas hamper with but the thought and care Enjoy your weekend. that goes into donating such gifts. Next week we have our Christmas lunch and Christmas dress-up

#### **Dates for Your Diary**

Tue 5 Dec	Parent Prayer 8am in the school Chapel
Wed 6 Dec	Christmas Lunch/Christmas Dress-up Day
Thu 7 Dec	Y13 Parents' Evening 4-7pm
Thu 14 Dec	Carol Service at St John's Church—6pm
Fri 15 Dec	End of Term2—Students finish at 13:30

Next Week: B

day where students can arrive into school looking festive and share a meal together with their friends In assemblies, we have launched our Christmas - a highlight of this term. Another highlight is our Hamper appeal and students have been informed joyous Carol Service which is taking place at St which charities their Senate reps have chosen to John's this year and I look forward to seeing many support this year. Mother Theresa speaks to our of you at the mulled wine and mince pie reception

> I will leave you with a reflection from Pope Francis: "Advent is a time of waiting for our Lord, who will

Mrs Melissa George (BA Hons, MA, PGCE)

## CHRISTMAS LUNCH

Wednesday 6 December 2023

Traditional Christmas lunch

(with vegetarian option) and dessert - £3.75

Pay on the day—Please remember to make sure your child has money on their school catering account. If your child has a limit on their daily spending you may need to suspend it for the day so that they have the funds to pay.

delivery back to school is Thursday

**7 December.** Order through the

Tempest website using your unique link or



#### Chaplaincy thoughts for the week...

#### Young Volunteer Programme: Day 1

On Thursday of this week we brought together students from four Catholic secondary schools in the Diocese for the first session of our Young Volunteer Programme 23/24. The programme is a wonderful opportunity to give students a practical outlet for their passion for social justice and making a difference in the world. Each day introduces the young people to a Catholic charity, their mission and impact, hoping to give each school group a springboard into being ambassadors in their respective schools until the next session. This first We look forward to seeing the impact our students day focused on HCPT, the pilgrimage charity that takes disadvantaged and disabled children and adults to Lourdes for a life changing experience.

### **Chaplaincy Timetable**

Break - Shared Prayer

Lunch - Christmas Arts & crafts

Tue Break – Lectio

Lunch - Christmas Arts & crafts

Wed Break - Rosary

Lunch - Christmas Lunch & quiz

Break - Exposition of the Blessed Sacrament

Lunch – Meditation

P2 - Advent Reconciliation Fri

Break - Shared Praver

Lunch - Games

will have with their campaigning, fundraising and raising awareness over the coming weeks and months.

Mr Robinson, Lay Chaplain

# THE GREAT ST GREGS CHRISTMAS BAKE-OFF



# OPEN TO ALL YEAR GROUPS (INCLUDING SIXTH FORM AND STAFF)

## MONDAY 4TH DECEMBER 2023

AMAZING PRIZES TO BE WON PLUS LOTS OF HOUSEPOINTS FOR PARTICIPATION

YOUR JUDGES:

MISS AUBURN AND MRS GEORGE

 SIGN UP WITH MISS AUBURN IN THE FOOD TECH ROOM OR VIA EMAIL ASAP

auburnz@st-gregorys.org.uk

#### CATEGORIES:

. THEME: SNOW

( CAN MAKE ANYTHING AROUND THIS THEME)

RECIPE: CHRISTMAS YULE LOG

(TO MAKE WITH YOUR OWN TWIST)

INGREDIENT: GINGERBREAD

(MAKE SOMETHING UNIQUE USING THIS INGREDIENT)

- ALL BAKES ARE NUT FREE
- YOU CAN BAKE AS MUCH AS YOU LIKE
- ANY ONE BAKE CAN ONLY FIT INTO ONE
- TO THE FOOD TECH ROOM ON THE MORNING OF MONDAY 4TH DECEMBER

## IT HAS TO BE CREATIVE FOR A CHANCE TO

ALL BAKES TO BE SOLD AS PART OF A BAKE SALE TO RAISE MONEY FOR THE FOOD TECHNOLOGY DEPARTMENT

IF YOU HAVE ANY QUESTIONS OR NEED HELP IN REGARDS TO THIS COMPETITION PLEASE CONTACT MISS AUBURN



#### 2023 MEP Intensive Learning Day - Bristol Trip













All our MEP students took part in a trip to Bristol last week. Students practised using chopsticks whilst enjoying a deliciously authentic meal at the Chinese restaurant. At the meal, they learnt the traditional way of serving Chinese tea for each other. Our former MEP students from the Sixth Form also shared their learning strategies on how to achieve outstanding GCSE results and talked about their future plans such as studying Chinese at the UK University and working in Hong Kong. In addition to the exceptional Chinese cuisine experience, all the students participated in shopping at the Chinese Supermarket and used their language skills with the shopkeepers.



This year's incredible Beauty & the Beast Cast are looking to raise funds for Performing Arts opportunities and technical equipment and we are hoping that you, or someone you may know work for a local business that would be willing to contribute to our raffle.

We already have a donation from Mr B's Bookshop and Great Western Wines. If you are able to donate something for our raffle then please email Mrs Richards at:

richardsc@st-gregorys.org.uk

Look out for tickets in the New Year – it's going to be an incredible show.

Claire Richards Head of Performing Arts

# SEND Homework Club for students with SEND

# Monday to Thursday each week Immediately after Lesson 5, until 4pm

Students should come straight to the Study Room in the Inclusion Department at the end of the school day.

Sessions can be booked through the school Gateway via parents evening/school cloud https://saintgregorysbath.schoolcloud.co.uk/

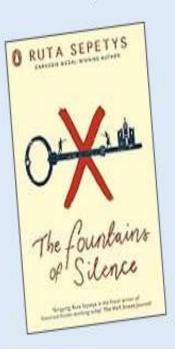
(Maximum of two sessions per week)

NB: If your child is unable to attend, please cancel your booking as places are limited.



## **Recommended Reads**

This week's recommended book is provided by Mrs Lemee. It is called 'The Fountains of Silence'. This and all of the other departmental recommended books can be found on the school website, under 'School Life' and then 'Academic Life'.



## The Fountains of Silence by Ruta Sepetys

At the <u>Castellana</u> Hilton in 1957 Madrid, Daniel connects with Ana through photography as they discover the dark side of the city under Generalissimo Franco's rule.



As we have just had Thanksgiving and with Christmas just around the corner, here's a fun fact for the dinner table. Did you know that all modern birds, including turkeys, are dinosaurs? Today's feathered flyers descended from a group of meat-eating dinosaurs called theropods. That group also included famous hunters like Tyrannosaurus rex. Read the article attached to find out more.

I would like to share the amazing tower building that we did last week in Science Club. Well done to **Oscar G** in 7G who had the tallest tower, standing at 1.19m. See their contributions below.

This week at home, as it is the start of the Christmas season, I have added a simple little trick you can practice ahead of Christmas day and impress people with your skill – all you need is a candle and some matches.

Article of the week – <a href="https://www.snexplores.org/article/lets-learn-about-why-turkeys-are-dinosaurs">https://www.snexplores.org/article/lets-learn-about-why-turkeys-are-dinosaurs</a>





Practical of the Week – https://www.youtube.com/watch?v=bBsYqrt5Bzc

#### **TOWER BUILDING**











#### Doodle Maths / Doodle Tables Champion of the Week

Maci L (210 stars) Keziah M (171 stars) Leno S (165 Stars) Year 7:

Zac (197 stars) Evie P (116 stars) Katie P (75) Year 8:

Gerin G (114 stars) Ece G (88 stars) Jacob G (75 stars) Year 9:

Congratulations to these students for completing so many doodle stars this week. Well done!

#### **Parking**

May I please remind parents and carers of the dangers of parking and stopping on the double yellow lines outside of school. Please do not park illegally as you are I We are looking for School Meals Supervisory Assistants endangering the lives of our students, as well as creating difficulties for our bus companies trying to navigate the school and local area. There is ample parking at the Odd Down Park and Ride and I would ask that anyone around these hours) Monday to Friday, Term Time collecting a child from Saint Gregory's utilise this facility and ask their child to make the very short walk there for their collection and safety.



#### **Water Bottles**

Please remember to bring in a named water bottle (for water only) which can be refilled in the Bistro area at appropriate times. NB: You may also like to think of this if you have a long journey home.





#### School Meals Supervisory Assistant (SMSA)

to supervise students during the break and lunchtime period.

11.00 - 2.40 pm, (there may be scope for flexibility Only.

The role is paid at £11.78 per hour.

Please telephone the school office on 01225 832873 or email hr@st-gregorys.org.uk for an application form or visit our website at Vacancies - Saint Gregory's Bath (st-

gregorys.org.uk)

We are committed to safeguarding and promoting the welfare of all our students. The successful candidate will require an enhanced DBS check.

www.st-gregorys.org.uk

#### **Language Corner**

#### French:

Expression with subjunctive:

C'est dommage que ....(+ verb subjunctive) = it is a pity that

It is a pity that I don't live in London because there is so much more to do

C'est dommage que, je n'habite pas à Londres car il y a tellement plus de choses à faire.

#### Spanish:

está como una cabra – he/she is (nicely) crazy (like a goat)

#### **Mandarin:**

长城上人山人海 (chángchéng shàng rénshānrénhǎi) it's insanely crowded on the Great Wall.

#### **Inspire Lunchtime Lecture Programme**

Our Inspire Lecture Programme continues this term. The programme is open to all students and will run during one lunchtime each week. Students can bring their lunch along to the session and spend their break listening to a speaker talk about an area of interest and then have an opportunity to discuss and ask questions about it. Students are welcome to attend any of the sessions which are open to their year group; places are on a first-come, firstserved basis. Over-subscribed sessions will be repeated later in the year if necessary. Students who are part of our Inspire cohort are expected to attend at least three sessions across the year.

Here is the timetable for this term's sessions:

Date	Name	Session Name	Description of the session	Who can come?	Room
	-	our Father, so God is also our	why it matters. This fits in with the A level course so would be	Year 10 Year 11 Post-16	K12

Please encourage your child to come along and be inspired!

If you have any further questions about the programme or would like to volunteer to lead a session later in the year, please get in touch with Mrs Aldred at aldredm@st-gregorys.org.uk.

Mrs Aldred, Inspire Champion

#### **Nut Allergies**

Please be aware that we have students and staff with serious nut allergies. We would therefore ask  $\overline{\phantom{a}}$  Time: 08:15 - 08:30 that you do not include nuts in I Cost: Free packed lunches and snacks, chocolate and cereal bars.

St Gregory's Breakfast Club

Open every day

I Who: Open to all students



# Music Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
Tutor:	Break: Flute Salad	Tutor: Contemporary Vocal	Tutor:	Tutor:
Contemporary Vocal	riare balaa	Group (all)	Senior Choir (Y9+)	Lower School
Group BAND	Lunch:	31/628 70	.52457 33	Voices (Y7-Y8)
	Symphony	Lunch:	String Sinfonia	
	Orchestra	Brass Band		1000
	After School:		MINE G	1-3
	School Production Band			C = 2

Why join?

Exclusive trips, concerts and more!

	Whole	School Production: Beauty & T	he Beast - Term 2 Rehearsal Schedule	
Fri 1 Dec	Lunch	Beast & Gaston Fight (page 90-93)	Beast, Gaston & Belle	Drama Studio
Mon 4 Dec	Lunch	Wolves	Maddison, Eden, Jazzy, Corina, Evelyn, Lyra	Dance Studio
Mon 4 Dec	3.10-4.30pm	Beauty & the Beast	Mrs Potts, Belle, Chip, Lumiere, Cogsworth & Beast	Drama Studio
Tue 5 Dec	Lunch	Beast & Gaston Fight (page 90-93)	Beast, Gaston & Belle	Drama Studio
Wed 6 Dec	Lunch	Page 93-96	Beast, Belle & Castle Crew	Drama Studio
Thu 7 Dec	Lunch	Page 93-96	Beast, Belle & Castle Crew	Drama Studio
Thu 7 Dec	3.10-4.30pm	The Mob song & Fight on the tower/Transformation	Whole cast	Hall
Fri 8 Dec	Lunch	Beauty & The Beast	Belle, Chip, Mrs Potts & Beast	Drama Studio
Mon 11 Dec	Lunch	Dance Numbers TBC	Dancers	Dance Studio
Tue 12 Dec	Lunch	Finale	Whole cast (singing 'two hearts)	Drama Studio
Fri 15 Dec	Lunch	Finale	Whole Cast (Singing 'two hearts)	Drama Studio

Christmas Holidays - Learn all your lines & practice musical numbers for Act 1 & 2

## **Absences**

# Reporting Absences Feature on the Class Charts (parent) App

Please use the Class Charts app to notify the school if your child is going to be absent. The absence telephone line is still available, however we would prefer you to use this app if possible. This should not only be easier for you, but will allow the school to be more efficient when recording student absences. Once we have acknowledged the absence, you will receive a confirmation email to the account that is registered in the app.

If your school has decided to allow parents to report absences, you will see the Absences tab when viewing pupils from that school.

Selecting this tab will display a list of absences that you have reported, once you have reported them. This includes when the absence took place, the reason for the absence and who acknowledged your absence report.

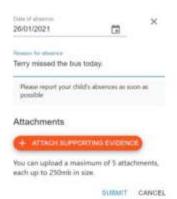
To report an absence, click on the Report new absence button.



Next, enter the details of the reported absence into the form provided.

You can also include up to 5 files in your absence report as supporting evidence. To do this, click on the Attach supporting evidence button and select the files of your choice.

Click on the Submit button to send your pupil's absence report to their school. The absence can be edited and deleted until it has been acknowledged by a teacher.



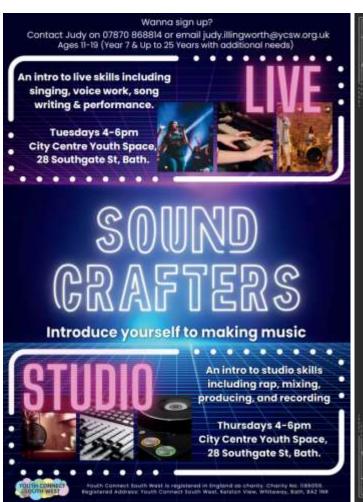
Perfo	rming Ar	ts Enrichn	nent Time	table
		Term 2 2023		
Monday	Tuesday	Wednesday	Thursday	Friday
		Tutor Time 8.30am-9am		
Contemporary Vocal Group (Band) Ensemble Pod with Mrs Sterlini	Year 7 Singing DRST with Mrs Sterlini	Contemporary Vocal Group DRST with Mrs Green	Senior Choir DRST with Mrs Sterlini	Lower School Voices (Y7-8) DRST with Mrs Sterlini
			String Sinfonia MUS with Mrs Smith	
		Break Time 11.10-11.25pr	n	
Monday	Tuesday	Wednesday	Thursday	Friday
	Flute Salad Ensemble Pod with Mrs Holden			
Monday	Tuesday	Wednesday	Thursday	Friday
		Lunch time 1.30-2.05pm		
Guitar Ensemble Ensemble Pod with (Guitar Teacher)	Beauty & The Beast DRST with Miss Tate & Mrs Richards	Brass Band MUS with Mrs Avison	Junior Dance company DAST with Susannah	Beauty & The Beast MUS with Mrs Richards & Mrs Sterlini
Beauty & The Beast Dance Team DAST with Mrs Pearson Tech Club	Symphony Orchestra DAST with Mrs Sterlini GCSE Music	GCSE Dance Practical support DAST with Mrs Pearson GCSE Drama Written	GCSE Dance Written support DAST with Mrs Pearson Year 7 Drama Club	GCSE & A level Drama Practical support DRST with Mr Psirides
DRST with Mr Psirides & Austin	Composition MUS with Edgar	support DRST with Mrs Richards & Miss Tate	DRST with Maddie & Sammy	
Monday	Tuesday	Wednesday	Thursday	Friday
		After school 3.10-4.30		
	Beauty & The Beast Band DAST with Mrs Sterlini GCSE & A level	Beauty & The Beast HALL with Mrs Pearson, Miss Tate, Mrs Sterlini & Mrs Richards	Beauty & The Beast HALL with Mrs Pearson, Miss Tate, Mrs Sterlini & Mrs Richards	GCSE & A level Drama support DRST/DAST with Mr Psirides & Mrs Richards
	Drama Practical support DRST with Mrs Richards & Miss Tate			

## **Beauty & The Beast – Whole school Performance important dates:**

Audition week: 11.9.23 - 15.9.23 (Information for Auditions can be found on Google Classroom)

Sunday rehearsals: 14 January and 21 January 10am-4.30pm School production week: Monday 22 – Saturday 27 January

Evening performances: Thursday 25 January, Friday 26 January and Saturday 27 January at 7pm.







Saint GREGORY'S Bath

# After School Sports Clubs - Terms 1&2

r 7&8 th City otball	Year 7 NETBALL	Year 8&9 NETBALL	Year 10&11	Year 7,8&9
TRO 🌉	COURTS	COURTS	ASTRO	FOOTBALL ASTRO
FISH AMPOLITING Year 7-13 GYM	Year 10&11 RUGBY FIELD	Year 7 RUGBY FIELD Year 7/8/9 GIRLS RUGBY ASTRO	Year 8&9 RUGBY FIELD	(3)
	AMPOLITING Year 7-13	AMPOLITY FIELD Year 7-13	FISH RUGBY RUGBY AMPOLITING FIELD FIELD Year 7-13 GYM GIRLS RUGBY GIRLS RUGBY	RUGBY RUGBY RUGBY  AMPOLITION FIELD  Year 7-13  GYM  RUGBY  RUGBY  FIELD  FIELD  FIELD  Year 7/8/9  GIRLS RUGBY

- Please meet at the changing rooms, must have PE kit and appropriate footwear
- Sports Clubs start on Monday 11 September
- Please note Trampolining & Bath City Football club are paid clubs

# WW.

### **Summerhouse Services**

'Supporting Brighter Futures'



## Supportive Training For Adult Family & Friends

## 'GENERICS'

Gentle Empathic Neutral Effective Resilient Insightful Compassionate Safe

Common Approaches, Tips & Tools, To Promote The Mental Health & Resilience Of The Children & Young People You Live With & Love

Max 2 People Per Family. We train in small groups for all services, therefore FIRST COME 1ST SERVE! Friday 8th December VIRTUAL 9.45 - 3.00

FREE OffER! - Usually £40.00
You will receive the full workshop



In this friendly, relaxed, supportive and holistic workshop, you will have the opportunity to develop empathy, insights and understanding and gain approaches and tools, to help you help the children and young people in your world, who may be experiencing a range of mental health difficulties e.g. Anxiety, stress, Low Mood, Eating Difficulties, Self Harm, Obsessive Behaviours, Problems Expressing Anger, Low Self Esteem or Confidence, Risk taking behaviours etc. 'Look beneath the surface' of these issues and enter the world of young people and thereby realise both the common experiences and uniqueness of the spectrum of mental health issues in a grass roots, real life way.

Finding 'monsters and gremlins', discovering the inner 'paradise chicken' and 'Tapping for better mental health and resilience' are a just few of the activities that you will have the opportunity to participate in! You will 'hear from young people' what helps and what hinders them and it will then become clear, what helps them build their resilience and ability to cope with the ups and downs of life, in a safe and effective way and in doing so, address their mental health difficulties.

Note: We make every effort to offer a sensitive, supportive and non-biased space. Your facilitator has also had their own direct life experience of serious mental health difficulties and is a highly experienced therapist of over 20 years experience in the field of holistic and generic mental health and resilience promotion, whose field of interest lies in the area of eating difficulties and self harm. If

## you have any concerns before the day, please do not hesitate to contact Penny for a chat. Outcomes

- Discuss and explore the spectrum of what constitutes a mental health issue from a Humanistic and empathic perspective.
- Develop insights to establish the link between a child and young person's mental health problem and their emotional, mental, spiritual and environmental world
- Argue the risks of making assumptions regarding children, young people with 'mental health problems' & explore the phrase 'we are all products of our environments" in this context.
- Discover the wider meaning of resilience and its relationship to mental health promotion for children and young people.
- Acquire straightforward, safe and 'orbital' responding and support strategies to help any child or young person who may have difficulties with their mental health
- Understand the common reasons that young people struggle to ask for help and open up and how to help with this and offer alternative expression forms in the interim.
- Gain practical, tangible tools and quick tips for you and your young people to have in a holistic support toolkit, including 'Tapping' (Emotional freedom Techniques)

#### Some Feedback From Recent Workshops

'This workshop was a game changer for me ! It has shown me how to help my daughter safely and in a way that makes sense to me as a parent . It has really opened my eyes ! Thank you so much :)

" Just to say I loved the course we did last year; I got what I needed from it and my daughter is radically better....as is our relationship.... You really helped me at a time when I was frightened, lost, had no answers and felt utterly ill equipped..... Keep on shining your special light. What Summerhouse does is so important."

"This has been a game changer for me. I now know I can stop blaming myself for everything and I have also now got lots of tips to help my son. It was a really fun day too! Thank you!"

'I found this day so helpful. Thank you! Penny has a unique approach that really works & no powerpoint! A great day!'

'As a parent of a child that has an eating disorder, I was worried about joining this workshop. Penny put me at ease straight away with her friendly and non-judgmental attitude and I found the day very informative. I feel much more confident as to how to help him now. Thank you '

"It has helped me a lot to understand more about my Granddaughter's self harming. I feel reassured that on the whole I am trying to do the right thing and have learned a lot. I now also know the things to avoid. I really enjoyed the day! Thank you."

'Thank you so much for this day. After just one day of training, I have now been able to help my son by changing a few things that I do and **he** has now come up with a plan that is sensible and doable to help him return to school. (Young person had problems with anger and was a consistent school refuser)

'This workshop was just what I was hoping for! Everyone can benefit from this training! Thank you!'

#### The Thoughts of Parent Lynn, Whose Young Person Uses Our Service.

"I cannot recommend this service enough having tried many conventional lines of help and nobody really seeming to understand the issues for my 13 year old. I was put in touch with Summerhouse Services and the Drifts programme and since they started here they have learnt many things and although they still have some issues, they have learnt new skills to aid them to cope with these ......

The approach of Summerhouse Services is very different to anything offered mainstream and the support I have been offered as a parent too has been amazing with one to one time, courses and workshops to help me better understand what my child is going through.

To anybody struggling out there please reach out to Summerhouse Services; you won't be disappointed."

#### **Booking Details**

For bookings or enquiries please email Penny penny.logsdail@summerhouseservices.org

No online or phone bookings for this offer please.

#### Summerhouse Services

T. 07869173154

E. penny.logsdail@summerhouseservices.org

U. www.summer-house.org

F. https://www.facebook.com/supportingbrighterfutures

I . https://www.instagram.com/summerhouseservices/

























