



PSHE Learning Journey Year 7



SKILLS DEVELOPED

TEAMWORK
& LEADERSHIP

PUBLIC
SPEAKING

PROBLEM
SOLVING

CREATIVITY
& INNOVATION

DECISION
MAKING

RESILIENCE
& STAYING POSITIVE

PLANNING
& ORGANISATION

SKILLS DEVELOPED

YEAR 8

- Why is Politics Important?
- How is our Country Run?
- The Role of the Prime Minister
- The Monarchy and King Charles III
- Politics, Debates and Parliament
- Elections and Campaigning
- Creating a Political Party



CITIZENSHIP

BRITISH VALUES

**POLITICS &
PARLIAMENT**

CORE
THEME 1

YEAR
7

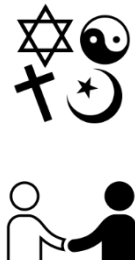
**CELEBRATING
DIFFERENCES**

CORE
THEME 2

CITIZENSHIP

PSHE

BRITISH VALUES



- What is your Identity?
- Multicultural Britain
- Importance of Being Kind
- Breaking Down Stereotypes
- Learning Disabilities
- Prejudice and Discrimination
- Challenging Islamophobia

- Avoiding Gangs & Criminal Behaviour
- Staying Safe Online
- Online Gaming, Grooming & Addiction
- Alcohol and Risk
- Nicotine and Smoking
- E-Cigs, Vaping and Shisha
- Energy Drinks and Caffeine
- Knife Crime and Safety



STATUTORY
HEALTH
& RSE

DRUGS EDUCATION

**STAYING SAFE
ONLINE &
OFFLINE**

CORE
THEME 4

YEAR
7

**FRIENDS,
RESPECT &
RELATIONSHIPS**

CORE
THEME 3

STATUTORY
HEALTH
& RSE

PSHE



- Consent and Boundaries
- Respect and Relationships
- What Makes a Good Friend?
- Friendships & Online Relationships
- Being Positive
- Pressure, Influence and Friends
- What Does it Mean to be a Man Today?

- Introduction to Puberty
- Girls Puberty & Periods (Double Lesson)
- Boys Puberty
- Personal Hygiene
- Growing Up
- Self-Esteem
- Tooth Decay & Dental Health



STATUTORY
HEALTH

PSHE

WELLBEING

**PUBERTY &
BODY
DEVELOPMENT**

CORE
THEME 5

YEAR
7

**MANAGING
CHANGE**

CORE
THEME 6

GATSBY
BENCHMARKS
- CAREERS -

FINANCIAL EDUCATION

SMSC & CAREERS



- What is PSHE?
- Getting to Know People
- What is a Community?
- Careers and Your Future
- Sleep and Relaxation
- Financial Education
- Transition Points in Your Life

WELCOME

RSE
COMPLIANT

HEALTH
COMPLIANT

GATSBY
BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios

