



# PSHE Learning Journey Year 10



SKILLS DEVELOPED

TEAMWORK  
& LEADERSHIP

PUBLIC  
SPEAKING

PROBLEM  
SOLVING

CREATIVITY  
& INNOVATION

DECISION  
MAKING

RESILIENCE  
& STAYING POSITIVE

PLANNING  
& ORGANISATION

SKILLS DEVELOPED

YEAR 11

➤ Critical Thinking & Fake News  
➤ Hate Crime in the UK  
➤ British Values and Identity  
➤ Mutual Respect & Tolerance  
➤ Individual Liberty  
➤ What are Human Rights?  
➤ Democracy Explored



CITIZENSHIP

BRITISH VALUES

EXPLORING  
BRITISH VALUES

CORE  
THEME 1

YEAR  
10

YEAR  
10

EXPLORING  
WORLD ISSUES

CORE  
THEME 2

CITIZENSHIP

PSHE

HUMAN RIGHTS



➤ International Organisations  
➤ Peace, War & Conflict  
➤ Human Rights During War  
➤ Aid & Supporting Other Countries  
➤ Striking & Trade Unionism  
➤ Women's Rights & Equality  
➤ Fair Trade & Free Trade

➤ Honour Based Violence  
➤ Forced Marriages and Breast Ironing  
➤ Online Gaming & Gambling  
➤ Social Media Validation  
➤ Modern-Day Slavery  
➤ Keeping Your Data Safe  
➤ Causes of Knife Crime



STATUTORY  
HEALTH

RISK

VIOLENCE,  
CRIMES &  
SEEKING SAFETY

CORE  
THEME 4

YEAR  
10

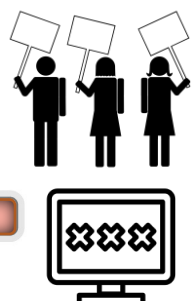
YEAR  
10

EXPLORING  
RELATIONSHIPS &  
SEX EDUCATION

CORE  
THEME 3

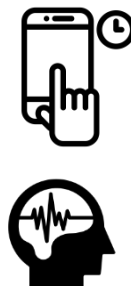
STATUTORY  
HEALTH &  
RSE

PSHE



➤ Pleasure and Delaying Sexual Activity  
➤ Campaigning Against FGM  
➤ Sexting, Nudes and Dick Pics  
➤ Online Pornography (Myths vs Reality)  
➤ Porn and its Impact on Society  
➤ Unhealthy Relationships & Sexual Assault  
➤ Sexualisation of the Media

➤ Child Sexual Abuse  
➤ Screen Time  
➤ Mental Health Illnesses  
➤ Self-Harm  
➤ Suicidal (Thoughts and Feelings)  
➤ Promoting Emotional Wellbeing



STATUTORY  
HEALTH

PSHE

WELLBEING

MENTAL  
HEALTH &  
WELLBEING

CORE  
THEME 5

YEAR  
10

YEAR  
10

RIGHTS AND  
RESPONSIBILITIES

CORE  
THEME 6

Life Beyond  
School

FINANCIAL EDUCATION

CITIZENSHIP



➤ Instagram & TikTok Generation  
➤ Targeted Advertising and Your Data  
➤ What is Marriage?  
➤ Rights and Responsibilities  
➤ Consumer Rights  
➤ Employment Rights  
➤ Exploring a Pay Check

WELCOME

RSE  
COMPLIANT

HEALTH  
COMPLIANT

GATSBY  
BENCHMARKS

## SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

## PERSONAL DEVELOPMENT

### ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios

