



# PSHE Learning Journey

## Year 9



SKILLS DEVELOPED

TEAMWORK  
& LEADERSHIP

PUBLIC  
SPEAKING

PROBLEM  
SOLVING

CREATIVITY  
& INNOVATION

DECISION  
MAKING

RESILIENCE  
& STAYING POSITIVE

PLANNING  
& ORGANISATION

SKILLS DEVELOPED

YEAR 10

Conspiracies Theories & Narratives  
Forms of Extremism  
What is Terrorism?  
War & Conflict  
The Radicalisation Process  
How Does Counter Terrorism Work?  
Antisemitism in the UK



CITIZENSHIP

PREVENT

**COMBATTING  
EXTREMISM &  
TERRORISM**

CORE  
THEME 1

YEAR  
9

YEAR  
9

**CONTRACEPTION  
& STIS**

CORE  
THEME 3

STATUTORY  
HEALTH  
& RSE

PSHE



What are STIs?  
Treating STIs and the Clinic  
Contraception Explored  
Contraception - Condoms  
Contraception Explored Further  
HIV and AIDS  
HIV and AIDS Prejudice and Discrimination

YEAR  
9

What is a Drug?  
Different Types of Addictions  
Cannabis Products  
Drug Classifications  
Party Drugs & Illegal Drugs  
The War on Drugs  
Volatile Substance Abuse



STATUTORY  
HEALTH

DRUGS EDUCATION

**LEGAL &  
ILLEGAL DRUGS**

CORE  
THEME 4

YEAR  
9

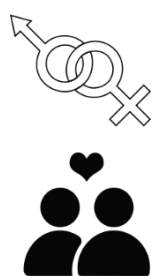
YEAR  
9

**SEX, THE LAW &  
CONSENT**

CORE  
THEME 3

STATUTORY  
HEALTH  
& RSE

PSHE



Sexual Consent and the Law  
FGM and the Law  
Relationships and Partners  
Domestic Abuse and Domestic Violence  
Why Have Sex?  
Delaying Sexual Activity  
Sexual Harassment and Stalking

YEAR  
9

How Self-Esteem Changes  
What is a Penis?  
What is a Vulva?  
Bullying in all its forms  
Dealing with Grief and Loss  
Media and Airbrushing  
Cancer Prevention and Healthy Lifestyles



STATUTORY  
HEALTH

PSHE

WELLBEING

**BODY  
CONFIDENCE**

CORE  
THEME 5

YEAR  
9

YEAR  
9

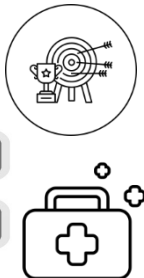
**ESSENTIAL LIFE  
SKILLS**

CORE  
THEME 6

GATSBY  
BENCHMARKS  
- CAREERS -

FINANCE

ENTERPRISE & CAREERS



From Failure to Success  
Assertiveness  
First Aid  
Saving and Managing Money  
Labour Market Information  
Finance, Budgeting and Employment  
Social Media & Online Stress

WELCOME

RSE  
COMPLIANT

HEALTH  
COMPLIANT

GATSBY  
BENCHMARKS

### SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

### PERSONAL DEVELOPMENT

#### ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios

