Food & Nutrition



KEY STAGE 4 SUGGESTED READING LIST



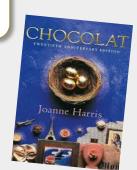


Chocolat by Joanne Harris

The Hundred-Foot Journey by Richard C Morais

A mysterious chocolatier who opens a chocolate shop, bringing change and temptation to the residents.

This novel tells the story of an Indian boy with a talent for cooking who moves to France and opens a restaurant, creating a culinary rivalry.



Kitchen by Banana Yoshimoto

This Japanese novel explores the themes of love, loss, and the healing power of cooking.



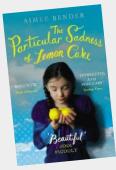
Like Water for Chocolate by Laura Esquivel

This magical realist novel is infused with Mexican recipes and explores the connection between emotions and cooking.

The School of Essential Ingredient by Erica Bauermeister

A diverse group of students who come together to learn about life and love through the art of cooking.





The Particular Sadness of Lemon Cake by Aimee Bender

This novel explores a girl's ability to taste the emotions of the person who prepared the food, adding a unique twist to the culinary experience.

CHALLENGE +

Kitchens of the Great Midwest by J. Ryan Stradal

A novel that explores the interconnected stories of people whose lives are influenced by food, with a focus on the culinary world in the Midwest.

